



TRANSITION DF. / OF. SECURITY PASS SECURITY + PROGRESS VERTICALITY DEFENSIVE **RECOVERY** BOX **PRESS** RUNS DEFENDING HIGH BLOCK AND ZONE / INDIVIDUAL MID BLOCK ORIENTED **BUILD-UP FINISH CREATION RECOVER** CHANNELS ASSOCIATE PLAY, GENERATE AND OCCUPY INSIDE / OUTSIDE (GOALKEEPER + SPACES TO PROGRESS RESTART) **POSSESSION** PRESS AFTER DEFENSIVE LOSS **ZONE 2 - 3** TRANSITION OF. / DF. BALANCE + RECOVER

Preferential Play Systems 1-4-1-4-1 1-3-4-3 1-4-4-2 1-4-3-3 / 1-4-2-3-1

